



# Heart and Soul Counseling

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## Confidentiality Statement

Counseling can only succeed in a safe, trusting environment. Therefore, what my child and adult clients say to me will be held in strictest confidence. If you are a parent of a child/adolescent client, I urge you to respect your child's confidentiality and privacy. I will encourage your child to share critical information and feelings with you.

Please keep in mind that there are certain circumstances and conditions under which the content of the counseling sessions may no longer remain confidential. Some, but not all of the circumstances under which counselors may be ethically and/or legally obligated to disclose information about their adult or child clients are:

- a. Counselors are ethically and legally obligated to disclose information given in confidence if there is reason to believe that a client may harm himself, herself, or another.
- b. Counselors are ethically and legally obligated to disclose information given in confidence if there is reason to believe a client is involved in child abuse or elder abuse.
- c. Counselors can be legally compelled to testify in a court of law and to disclose information given in confidence if a judge deems that there is just cause for such a testimony. The kinds of legal proceedings that could result in my being compelled to testify include, but are not limited to the following: workmen's compensation hearings, mental competency hearings, child custody suits, civil suits, and criminal hearings and/or trials.
- d. If a counselor is legally compelled to disclose information about a client, this disclosure may include both verbal testimony and surrendering to the court any written notes or other records that the counselor may possess.

Because circumstances vary from individual to individual, it is impossible to provide a complete list of all possible circumstances under which the content of the counseling sessions may no longer be confidential. Please discuss with me any concerns you may have about confidentiality.

**As your child's counselor, I will conduct myself in a manner consistent with the professional and ethical standards of the Licensed Professional Counselor Act. If you are dissatisfied with something I am doing, please discuss your concerns with me immediately.**

\_\_\_\_\_  
Signature of Client (if 18 or older)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Guardian (if client is under 18)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Kim Sullivan, LPC, RPT, NCC

\_\_\_\_\_  
Date